

"If your organisation is looking at ways to reduce employee smoking rates, to assist with meeting organisational WHS goals, we have been helping Smokers to become Non-Smokers since 2010, working with over 500 smokers each year".

The Brisbane & The Gold Coast Stop Smoking Clinic's "Butt Out At Work Program" can be conducted either **on-site at your premises** or at **our offices** in either Coorparoo, Brisbane or Bundall, Gold Coast.

"Butt Out At Work" Information Presentation Management/Staff - FREE & NO OBLIGATION*

To solicit buy-in from stakeholders, management or employees, information presentations can be conducted at your premises, at your convenience. (30 mins)

*If this is to be held within the Gold Coast or Brisbane greater areas this is at **no charge, and with no obligation to proceed with the program.**

Contact Us:

Owner Ann-Marie Johansen, B.Bus, Cert. Hypnotherapist, JP(Qual)

Phone: 1300 720 988

Email: contact@thestopsmokingclinic.com.au

Offices: Brisbane 6 Lade Street, Coorparoo Gold Coast Suite 5, Level 3, 142 Bundall Road, Bundall

Websites: thebrisbanestopsmokingclinic.com.au thegoldcoaststopsmokingclinic.com.au









"Butt Out At Work Program"

1 – *Phone call* to brief Employee prior to session (or group meeting, if possible)

2 - Stop Smoking Hypnotherapy Session.

- Client Induction Form
- **Discussion;** Smoking Triggers, Behavioral change assessment, (including take home form), Why people smoke, How Hypnosis Works
- Stop Smoking Hypnosis Session
- 3 Email sent to client 1 day after session

4 – *Phone call* support to staff member 1 week, 1 month and 3 months after session

5 – Follow up Stop Smoking Hypnotherapy session if required (via Skype or In Stop Smoking Clinic Offices)

6 – *Report sent to Organisation* of no. of employees / email open response / success after 1 week / 1 month / 3 months and follow-up call to discuss.

"Butt Out At Work" – Pricing 2022

Butt Out At Work – Costs per participant

(Pricing as of Jan 1, 2022. Includes GST)

1-10 Employees - \$425 21-30 Employees - \$375 11-20 Employees - \$400 31+ Employees - \$350

Employee Contribution - In our experience, we recommend that your employees contribute to the program. We would suggest 50%, but that is just a suggestion.









OUT OF TOWN "Butt Out At Work" Day Rate On-Site (more than 1hour away from Brisbane/Gold Coast) - \$1,500* per day.

Please note that a maximum of 3 sessions can be effectively conducted during one day. This day rate price can also include presentations/meetings for management or staff. This day rate also includes our travel time (unless air travel is required), if more than one

hour from our offices.

Terms & Conditions:

- Prices include GST. Invoice to be paid prior to sessions commencing.
- If sessions are to be held at your premises the organisation is to provide an appropriate room to conduct Hypnotherapy sessions in. This would be quiet, consist of 2 office chairs and one couch (or comfy chair), access to fresh water and amenities
- If Day Rate is chosen the Invoice is to be paid 50% confirmation, and 50% 2 weeks prior to travel
- Organisation to provide transport/accommodation and meals on-site, if out of greater Brisbane/Gold Coast area

About The Brisbane & The Gold Coast Stop Smoking Clinic

We have been established since 2010, with the sole purpose of helping smokers to become committed non-smokers who never think about cigarettes again rather than just ex smokers who always struggle to avoid the habit.

We are fully insured, qualified with Public Indemnity Insurance that allows us to conduct sessions at any location in this county

The owner, Ann-Marie Johansen works with over 500 people each year to assist them to become non-smokers. We use a blend of Hypnosis, Behavioural Adjustment to achieve this. Our model is simple yet effective for the determined person.

Like all aids to assist people to stop smoking we are not 100% successful, but our model has shown that less than 10% of people take us up on the offer of a second, no charge session.





